

MATRIS
Cervical Plate Range

Instructions For Use - READ ATTENTIVELY BEFORE USE

1) INTENDED USE

The MATRIS Cervical Plate Range is used for temporary internal stabilization in the surgical treatment of cervical spine pathologies, by anterior approach. This treatment consists in correcting and stabilizing the cervical spine to promote fusion between two or more vertebrae at levels C2-T1. MATRIS Implants are intended to be used in adults by anterior approach.

2) DESCRIPTION AND MATERIALS

The devices of the MATRIS Range are implantable Medical Devices of Class IIb, available sterile or non-sterile. Non-sterile devices are intended to be sterilized by the user prior to use. Sterile devices are ready to use devices, sterilized by gamma radiation. The range is composed of different sizes of plates and screws. MATRIS plates include locking buttons that cover the heads of bone screws to prevent screw back-out and migration.

MATRIS Implants are all made of Titanium Alloy TA6V ELI conforming to standard ISO 5832-3 and ASTM F136 (Titanium – 6% Aluminum – 4% Vanadium – Extra Low Interstitial compounds).

3) INDICATIONS

The MATRIS range is intended for anterior temporary internal stabilization of the cervical spine as an adjunct to fusion for skeletally mature patients at spinal levels C2-T1 for the following indications: degenerative pathologies (e.g. Degenerative Disc Disease - DDD, Spinal stenosis, Spondylolisthesis, Deformities), Fracture caused by tumor and/or trauma.

4) COMBINATION OF MEDICAL DEVICES

The MATRIS range implants are applied using the associated MATRIS instrumentation. The following medical devices or substances can be used in association with MATRIS implants:

- Interbody stabilization devices (e.g. spinal cages)

NovaSpine has not tested compatibility with devices provided by other manufacturers and assumes no liability in such instances.

5) PERFORMANCE CHARACTERISTICS OF THE DEVICE AND EXPECTED CLINICAL BENEFITS

The performance of the MATRIS range is the achievement of spinal stabilization as an adjunct to fusion. The clinical benefits expected are pain reduction and disability reduction.

The clinical benefits can be expected for patients adequately selected according to indications and contraindication, and if all warnings and precautions are respected to the extent possible.

A summary of safety and clinical performance of the MATRIS range is available on the European Database on Medical Devices (EUDAMED): <https://ec.europa.eu/tools/eudamed/> (upon activation).

6) CONTRA-INDICATIONS

Contraindications include:

- Patient not needing bone graft and fusion
- Local or systemic infection or significant risk of infection (immunocompromise)
- Suspected or documented allergy or intolerance to the materials used, foreign body sensitivity
- Mental illness
- Severe osteoporosis
- Osteomalacia
- Active smoking, alcoholism, drug abuse
- Morbid obesity
- Pregnancy
- Elderly, severe comorbidity
- Any patient unwilling to follow postoperative instructions
- Any case where the implant components selected for use would interfere with anatomical structure and compromise the successful result
- Any patient having inadequate tissue coverage over the operative site or inadequate bone stock or quality
- Signs of local inflammation, fever or leukocytosis
- Any entity or condition that totally precludes the possibility of fusion or the potential benefit of spinal implant surgery
- The MATRIS range is specifically contra-indicated for use in pediatric patients
- Any case not described in the indications

7) POTENTIAL ADVERSE EFFECTS, COMPLICATIONS AND RESIDUAL RISKS

Potential adverse effects and complications constitute the residual risks of the device. Adverse effects and complications associated with the MATRIS range are similar to those encountered with other spinal range and may require additional or revision surgery:

- Tissue, vessel or nerve damage due to surgical trauma, malposition or mishandling of implants or instruments
- Early or late loosening, disassembly, migration of any or all implants
- Bending or breakage of the implants due to stresses or fatigue or malposition
- Post-operative change in spinal curvature, loss of correction, height, or reduction
- Delayed union, non-union or pseudarthrosis
- Persistence of pain and pre-surgical signs
- Infection (superficial or deep), Inflammation
- Fracture, microfracture, resorption, damage, or collapse of any spinal bone or bone graft or bone graft harvest site at, above, or below the level of surgery
- Pressure on the skin from implants in patients with inadequate tissue coverage over the implant possibly causing skin penetration, irritation or pain
- Bursitis
- Herniated nucleus pulposus, disc disruption, or degeneration at, above, or below the level of surgery.
- Loss of neurological function including paralysis (complete or incomplete), reflex deficit, muscle loss, pain, dizziness, numbness, spasms, sensory loss, or visual deficit
- Dural tears possibly resulting in persistent CSF leakage, pseudomeningocele, fistula, possible meningitis.
- Sensitivity or allergic reaction to implants, materials used, scattered wear debris, corrosion, including metallosis, necrosis, staining, tumor formation, or autoimmune disease
- Hemorrhage, hematoma, seroma, edema, embolism, excessive bleeding, phlebitis, wound necrosis, wound dehiscence, damage to blood or lymphatic vessels, occlusion or other types of cardiovascular system compromise or injury
- Respiratory disorders (e.g. pulmonary embolism, pneumonia, pneumothorax, bronchitis, etc.)
- Bladder dysfunction or reproductive system compromise (urinary retention or loss of bladder control, retrograde ejaculation, sterility or sexual dysfunction).
- Inability to perform the activities of daily living, impotence
- Graft donor site complications including pain, fracture, or wound healing problems
- Ileus, gastritis, bowel obstruction or loss of bowel control, or other types of gastrointestinal system compromise
- Discomfort, abnormal sensations, vascular or neurological damage, pain, dysphagia and/or perforation of the esophagus, dysphonia, hoarseness due to the presence of the device or scar formation
- Change in mental status
- Bone loss or decrease in bone density, possibly caused by stresses shielding
- Death

8) RISK OF INTERFERENCE WITH MEDICAL IMAGING

MRI / CT: The patient must systematically mention the implants to the clinician in charge of the imaging.

The surgeon must also indicate to the patient that in case of investigation and / or treatment (e.g. MRI), he must warn in advance the person responsible of the investigation and / or treatment the presence of the medical device in order to limit the reciprocal negative influences.



Non-clinical testing has demonstrated that the MATRIS range of products is MR Conditional in accordance with the ASTM F2503-20 standard definitions. A patient with this device can be safely scanned in an MR system meeting the following conditions:

- Cylindrical-bore
 - Horizontal magnetic field (B₀) of 3.0 T
 - Maximum spatial field gradient 30.4 T/m (=3040 G/cm)
 - Radiofrequency (RF) field exposure:
 - o RF excitation: Circularly Polarized (CP)
 - o RF transmit coil: whole-body transmit coil
 - o RF receive coil type: whole-body receive coil
 - o Maximum permitted whole-body averaged specific absorption rate (SAR): Normal Operating Mode, 2 W/kg
- Note:** During non-clinical testing, the device MATRIS produced a maximal temperature rise of 6.5 ±0.5°C at 3 T for a WB-SAR of 2 W/kg after 15 minutes of continuous scanning.*
- Scan duration: 15 minutes of continuous scanning
 - Patients with compromised or uncompromised thermoregulation and under controlled conditions.
 - Patients with uncompromised thermoregulation and under uncontrolled conditions

- The presence of MATRIS implants may produce an image artifact. Some manipulation of scan parameters may be needed to compensate for the artifact.

Alternative imaging systems may be used to avoid artifacts, such as radiculography, to identify prolapsed intervertebral discs of nerve roots compression.

9) PACKAGING

Devices may be supplied in a sterile or non-sterile form. Packages for each of the components should be intact upon receipt. Once the seal on the sterile package has been broken, the product should not be re-sterilized. If a loaner or consignment set is used, all sets should be carefully checked for completeness and all components should be carefully checked to ensure there is no damage prior to use. Damaged packages or products should not be used, and should be returned to NovaSpine.

10) PRE-CLEANING / CLEANING

Unless marked “sterile” with a specific pictogram and clearly labeled as such in an unopened sterile package provided by the company, all implants used in surgery must be cleaned and sterilized by the hospital prior to use. The implants must be removed from their original packaging, after checking the integrity of this packaging, and checked up to guarantee that they have not been damaged. They must undergo pre-disinfection and cleaning operations with appropriate and compatible products, used in hospitals for this type of implants, before their sterilization. Any cleaning, disinfection and decontamination solution based on aldehyde, alcohol, chlorine, acid or abrasive should be proscribed. The user must validate its pre-disinfection and cleaning procedures according to the applicable standards.

We recommend the exclusive use of mechanized pre-disinfection and cleaning methods with a washer-disinfector (WD) compliant with the requirements of ISO 15883 series.

Automated washing:

Ensure that the WD is in conformity (CE marking), maintained and qualified according to the applicable standards. Use only products compatible with the implants, aldehydes-free, and complying with the Standard Prion Protocol (SPP) if necessary. Follow the instructions for concentration, temperature and duration of action.

Use neutral or alkaline pH detergents.

Follow the washing procedures to ensure proper protection of the implants. After cleaning and disinfection in WD, check that all residues have been removed. If necessary, repeat the cleaning process with brushing until all visible residues are removed. Failure to properly clean the devices could lead to inadequate sterilization.

Table 1 - Recommended automated washing protocol

Cycle Step	Minimum time	Recommended temperature	Type of Water / Detergent
Pre-Cleaning	2 minutes	Cold, 20°C	Water
Cleaning	5 minutes	Heated, 55°C minimum	Neutral or Alkaline detergent solution
Neutralization	2 minutes	Cold, 20°C	Water
Rinse	2 minutes	Cold, 20°C	Water
Thermal Rinse	5 minutes	Heated, 93°C minimum	Water
Drying	30 minutes	Air at 99°C minimum	Not applicable (Air)

If necessary, dry residual moisture by means of a complementary drying cycle in the machine or lint-free wiping squares and compressed air.

11) STERILIZATION

Unless marked “sterile” with a specific pictogram and clearly labeled as such in an unopened sterile package provided by the company, all implants used in surgery must be sterilized by the hospital prior to use. It is recommended to use a water steam sterilization (in compliance with the requirements of the ISO 17665 series) with a **validated cycle** according to parameters mentioned Table 2.

Table 2 - Recommended sterilization protocol

Cycle Step	Method	Temperature	Minimum exposure time
Sterilization	Steam, pre-vacuum	134°C (-0 / +5°C)	18 minutes
Drying	vacuum	Heated air, 80°C minimum	30 minutes

Implants should be prepared so that all surfaces are in direct contact with water steam. The containers supplied by NovaSpine and used to transport devices must be packaged in a way allowing to maintain the sterility of the container. It can either be wrapped into two sterilization wraps, or inserted into a sterilization container, which includes two filters in its lid. The packaging used must be CE marked for

a use as sterile barrier for autoclave sterilization. Use absorbent paper between the package and the container and check the absence of moisture inside the container and the package before using the products. Each container and its contents must not exceed 10kg. The implants must be packaged in suitable packaging, handled, stored and transported carefully to guarantee the maintenance of the sterile state until the surgery.

The equipment and cycle of sterilization and drying must be validated and monitored by hospitals with appropriate laboratory techniques and according to the sterilizer manufacturer's recommendations and current standards for moist heat sterilization of medical devices. The validation should cover all possible configurations of loads and wrapping/packaging of devices. The sterilization process parameters and the autoclave settings must be monitored regularly. Periodic maintenance must be defined and followed (e.g. calibration, verification of process: time, temperature, ...).

The end user assumes full responsibility for the validity of sterilization of products and their maintenance in this state.

Any other method of sterilization (ethylene oxide or oxygen peroxide at low temperature) must not be used and is the sole responsibility of the user.

Sterilization recommendations are given for informative purposes only. Under no circumstances can the manufacturer be held responsible for the sterility of sterilized devices within the hospital.

All users using these instructions should be qualified with documented expertise and training. Users should be trained on hospital policies and procedures along with current applicable guidelines and standards.

12) REUSE OF DEVICES

All implants of the MATRIS range are single use devices. An implant is used when it has been implanted in a patient or in contact with tissues or body fluid of a patient.

Surgical implants must never be reused. A device that has been implanted or in contact with human tissue or body fluid should never be reprocessed or reused under any circumstances. Reprocessing or reuse of used devices may create a risk of contamination of the implants which could result in patient infection or death.

Sterile packaged devices should also never be resterilized. Used device shall be eliminated (see §15)g).

Non-sterile implants, clearly labeled as such, that were made available during the surgery but that were not used by the surgeon, or any other authorized person during the procedure, can be cleaned and sterilized for further use, in the absence of signs of wear, damage and loss of performance. The number of cleaning and sterilization cycles of unused devices depends on the material of the implants:

For titanium alloy (ISO 5832-3 and ASTM F136) implants, there is no theoretical limit to repeated cleaning and sterilization cycles with the exception of use, damage, wear, or loss of performance. In such cases, cleaning and sterilization and subsequent use compromise the claimed performances and safety of the implant.

Non-sterile devices must always be cleaned and sterilized (see §10) and §11)) prior to their use.

13) STORAGE

Implants should be stored carefully in a clean room under normal temperature and humidity conditions. Implants must be protected from UV rays and all corrosive environments.

14) WARNING

Following are specific warnings, precautions, and possible adverse effects that should be understood by the surgeon and explained to the patient. All information is common to the whole range unless otherwise specified. This information does not include all adverse effects that can occur with surgery in general, but are important considerations particular to temporary metallic internal fixation devices.

Although the physician is the learned intermediary between the manufacturer and the patient, the important medical information given in this document should be conveyed to the patient. General surgical risks should be explained to the patient prior to surgery.

The safety and effectiveness of spinal cervical plate ranges have been established only for spinal conditions with mechanical instability or deformity requiring fusion with instrumentation. These conditions are detailed in the indications. The safety and effectiveness of these devices for any other conditions are unknown. Despite the care brought by the surgeon to the indications and to the technique of use of the implants, there is a risk of non-union and absence of fusion. The implants are not prostheses. In case of pseudarthrosis or absence of fusion, the instrumentation and/or one or more of its components can be expected to pull out, bend, or fracture as a result of exposure to every day mechanical stresses, and pain may persist. In such a case, a revision surgery may be necessary and can be performed with the MATRIS range, to revise and/or remove devices before a serious injury occurs.

MATRIS range components must not be used with components from other manufacturers unless otherwise specified. NovaSpine assumes no responsibility and cannot be held responsible for any combination of MATRIS implants with those from another manufacturer. Combining MATRIS implants with stainless steel material may accelerate the corrosion of devices and increase risks of breakage or failure of the device.

Surgical implants must never be reused. A device that has been implanted or in contact with human tissue or body fluid should never be reprocessed or reused under any circumstances. Reprocessing or reuse of used devices may create a risk of contamination of the implants which could result in patient infection or death.

Sterile packaged devices should also never be resterilized.

15) PRECAUTIONS

a. General

The implantation of the MATRIS range must only be performed by qualified and experienced spinal surgeons with specific training in the use of anterior cervical plate ranges and strong knowledge of the procedure through the scientific publications related to spine surgery, because the procedure is technically demanding and may cause serious injury to the patient.

Implanting surgeons must be thoroughly knowledgeable with all aspects of the surgical techniques of the MATRIS range, through the careful reading and understanding of the provided documentation, and must also be aware of the mechanical and metallurgical limitations of metallic surgical implants. We recommend that the surgeon undergo training with a surgeon already experienced with the MATRIS range before using the MATRIS devices for the first time.

b. Patient selection

The adequate selection of patients, according to the indications provided, and their respect of pre- and postoperative instructions are crucial elements to the success of the procedure. Patients who smoke have been shown to have an increased incidence of non-unions.

Obese, malnourished, or alcohol abuse patients are also poor candidates for spine fusion.

Overweight or obese patients can produce loads on the device that can lead to failure of the implants.

If the patient is involved in an occupation or activity that includes heavy lifting, muscle strain, twisting, repetitive bending, running, substantial walking, or manual labor, he/she should not return to these activities until the bone is fully fused. Even with full fusion, the patient may not be able to return to these activities successfully.

Conditions of senility, mental illness, alcoholism, or drug abuse, among others, may cause the patient to ignore certain necessary limitations and precautions in the use of the device, leading to implant failure or other complications.

No preoperative test can completely exclude the possibility of sensitivity or allergic reaction.

c. Implant selection

The selection of the proper size, shape, and design of the implant for each patient is crucial to the success of the procedure. Metallic surgical implants are subject to repeated stresses in use, and their strength is limited by the need to adapt the design to the size and shape of human bones. Unless great care is taken in patient selection, proper placement of the implant, and postoperative management to minimize stresses on the implant, such stresses may cause metal fatigue and consequent breakage, bending, or loosening of the device before the fusion process is complete which may result in further injury or the need to remove the device prematurely.

d. Use

The successful result of the operation is based on the reduction of pain and disability and the achievement of the bone fusion, within the expected lifetime of one year. The MATRIS range is not intended to be the sole means of spinal support. MATRIS range must be systematically associated with an interbody cage for each level treated. No spinal implant can withstand indefinitely body loads without solid biological support provided by spinal bone fusion. In this event, device(s) will fail in any of several modes. These modes may include bone-metal interface failure, implant failure (bending, loosening and/or fracture), or bone failure. Notches, scratches or bending of the implant during the course of surgery may also contribute to early failure.

Proper patient selection, according to the indications provided, proper implants selection, the respect of pre- and postoperative instructions by patients and an adequate surgical technique, according to documentation provided and intended use, are also essential requirements for the success of the operation. Implied warranties of merchantability and fitness for a purpose different than what is recommended in this IFU are excluded.

Postoperative care is extremely important. The patient must be instructed in the limitations of the metallic implant and be warned regarding weight bearing and body stresses on the device, and

limitation of daily activities, prior to firm bone fusion. The patient should be warned that compliance with postoperative instructions is an important consideration for the success of the surgery. Non compliance with instructions could lead to failure of the implant and possible need thereafter for additional surgery to remove the device.

e. Preoperative precautions

- The surgeon must be completely familiar with all aspects of the device, the instruments, the surgical procedure/technique, and device limitations. Refer to the surgical technique for additional important information.
- An adequate and sufficient inventory of implants (shapes, sizes) should be available before surgery and before sterilization for non-sterile devices. It is advised to have a larger inventory than what is expected to be used.
- All instruments required for the surgery must be available, not worn or distorted and functional. If an instrument is worn or distorted or unfunctional it must be returned to the manufacturer.
- Care should be used in the handling of the implant components. The implants should not be scratched or otherwise damaged. If an implant is damaged, it must be returned to the manufacturer.
- Validity of sterilization must be verified before surgery.
- Unless sterile packaged, all devices should be sterilized before use. Additional sterile components should be available in case of an unexpected need.
- Only patients that meet the criteria described in the indications should be selected. Patient conditions and pre dispositions such as those addressed in the aforementioned contraindications should be avoided.

f. Intraoperative precautions

- Strictly follow the operating steps detailed in the surgical procedure/technique provided by the manufacturer.
- The surgeon must be extremely careful when placing the implants and must pay particular attention to neurological and vascular elements to prevent permanent damage, loss of neurological functions or death.
- Breakage, slippage, or misuse of instruments or implant components may cause injury to the patient or operative personnel.
- The correct selection of the type and size of the implants adapted to each other and to the patient as well as their proper use and correct positioning and implantation are extremely important for the success of the operation.
- Before closing the soft tissues, verify the adequate position of all implants and the optimal tightening of screws. All locking buttons must be turned to cover screws and prevent their back-out and migration.
- In revision surgery, all implants have to be replaced with new ones, even if their appearance is correct and do not show signs of damage, wear or fatigue.
- Only usable and STERILE implants should be used during the surgical procedure.
- During implants manipulation, check their proper surface appearance (absence of scratches, shock, etc.), avoid mechanical stresses during implantation.
- Make bone decortication and place cage and bone graft in the interbody areas to be fused from the upper to the lower vertebrae of the construct, to promote bone fusion.
- The MATRIS range components must not be combined with any components from a different manufacturer, unless otherwise specified.
- Implantation and eventual removal of implants must be done exclusively with the specific instruments provided by NovaSpine.
- Implants must not be modified or reworked by the user, except if it complies with the surgical procedure provide.
- When plate contouring is absolutely necessary to fit the cervical spine, it is recommended that such contouring be gradual using the appropriate instruments with great care to avoid notching or scratching the surface of the plate. The use of inappropriate instruments may result in scratches, notches, and sharp bending, causing the breakage of the implants. Improper seating, excessive bending, repetitive bending or reverse bending of the plates may result in implant failure. Bending the plate at the extremities or at screws location is not recommended as it could damage the locking buttons

g. Postoperative precautions

- Elimination of retrieved devices: Any retrieved devices should be treated in such a manner that reuse in another surgical procedure is not possible. As with all orthopedic implants, the MATRIS range components should never be reused under any circumstances. After pre-disinfection and cleaning, the devices to be eliminated will be eliminated according to the methods applied by the hospital while respecting regulations in force, or, if they do not present potential risk, will be sterilized for eventual return to the manufacturer for analysis or expertise.
- Detailed instructions on the use and limitations of the device should be given to the patient, especially regarding activities after surgery before fusion. The patient must be warned and should

understand that bending, loosening, and/or breakage of the device(s) are complications which may occur as a result of excessive or early weight-bearing or muscular activity, and that strict compliance with these instructions is essential to favor the survival of the assembly. Surgeon should warn patient to respect the following non-exhaustive list of restrictions:

- Avoid extreme forced positions (flexion-compression, rotation), avoid intense physical activities, avoid carrying heavy loads, avoid excessive body weight, avoid stresses on implants, avoid falls, avoid exposition to vibrations or shocks. Patient should also avoid bending and rotation at the spine fusion point, and compensate body motion accordingly.
- The physician's postoperative recommendations and warnings to the patient, and patient compliance to recommendations and warnings are essential for the success of the operation, especially for the reductions of stresses on the implants. The patient should be advised not to smoke tobacco, utilize nicotine products, or consume alcohol or non-steroidals or anti-inflammatory medications such as aspirin during the bone graft healing process, in order to favor bone healing and fusion.

Risk of postoperative complications is increased if the patient is mentally ill or unwilling to comply with precautions or warnings.

- The surgeon should prescribe to the patient an appropriate program of physiotherapy.
- Urgently treat any postoperative infection.
- It is recommended to make regular postoperative follow-ups to check patient and device condition and adapt daily life limitation as appropriate, or prevent damage due to failure of the device or of the surgery. Until imaging confirms the spinal bone fusion, external immobilization (such as bracing) is recommended. Patient should be closely supervised until spinal fusion is confirmed.
- Failure to immobilize spine or a delayed union will result in excessive and repeated stresses on the implant. By the mechanism of fatigue, these stresses can cause the eventual bending, loosening, or breakage of the device(s). It is important that immobilization of the spinal surgical site be maintained until firm bony union is established and confirmed by examination. If a state of non-union persists or if the components loosen, bend, or break, the device(s) should be revised or removed immediately before serious injury occurs.
- The MATRIS range implants are temporary internal fixation devices, intended to stabilize the operative site during the normal healing process and achievement of the fusion. After fusion of the spine, these implants serve no functional purpose and can be removed. Any decision to remove the device must be made by the physician and the patient taking into consideration the patient's general medical condition and the potential risk to the patient of a second surgical procedure. If the device is not removed following completion of its intended use, potential long-term complications or adverse effects as listed in section POTENTIAL ADVERSE EFFECTS, COMPLICATIONS AND RESIDUAL RISKS may occur. Implant removal should be followed by adequate postoperative management to avoid fracture, re-fracture, or other complications. If the patient is older and has a low activity level, the surgeon may choose not to remove the implant thus eliminating the risks involved with a second surgery.
- After surgery, even with full bone healing and fusion, the patient should avoid as much as possible extreme lifestyle: excessive weight-bearing or muscular activity, intense physical activities, avoid excessive body weight, avoid falls, avoid shocks. These precautions are essential to avoid fracture or other complications.




















16) SERIOUS INCIDENT


Serious incident" means any incident that directly or indirectly led, might have led or might lead to any of the following: the death of a patient, user or other person; the temporary or permanent serious deterioration of a patient's, user's or other person's state of health; a serious public health threat.

Any serious incident that has occurred in relation to MATRIS device should be reported to NovaSpine and the competent authority of the Member State in which the user and/or patient is established.

Year of initial MDR 2017/745 EC certification: 2024

CE 0476 Conformity to European regulation

	Medical device		Unique device identifier
	Read the Instructions		Consult instructions for use
	Do not re-use		Keep away from sunlight
	Do not re-sterilize		Sterilized using irradiation
	Keep dry		Non-sterile
	Lot number		Double sterile barrier system
	Catalogue number		Single protective packaging
	Quantity		Do not use if package is damaged
	Manufacturer		Date of manufacture
	Use-by date		



NovaSpine

335, Rue Saint Fuscien
80090 Amiens, FRANCE

Tel: +33 (0)3 22500731
Fax: +33 (0)3 22463435
e-mail: contact@novaspine.fr
website: www.novaspine.fr

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